



SMBT Sevabhavi Trust's

## SMBT AYURVED COLLEGE AND HOSPITAL

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### Research work / Project details (Students and teachers)

Sr. No.	Name of Student	Name of Research	Guided By	Duration Planned
1	1) Pallavi Jadhav 2) Ankita Bhoir	"To study the effect of Vaitarana Basti on C- Reactive Protein in Amavata patient's w.s.r Rheumatoid Arthritis".	Vd. Satish Digambar Urhe	16 Months
2	1) Nikita Patil 2) Namrata Jadhav	"Clinical study of the efficacy of kantakaryadi kwatha in the management of Urdhwaga Amalapitta ( Non Ulcer Dyspepsia)	Vd. Ankush Haushiram Gunjal	18 Months
3	1) Prachi Mandlik 2) Franko pilley	To evaluate clinical efficacy of Marmatherapy in Ababahuka with s. r. t Frozen Shoulder	Dr Wagh Vinaya	12 Months
4	1) Anjali Sowsokke 2) Chetana Rane	Assessment Of An Efficacy Of Shwadanshradi Tail Prushta-Basti In The Management Of Prushtagraha.	Dr. Roshan S. Dhale	18 Months
5	1) Prasad Saudagar	Observational study of aetiological factors in Sthaulya with special reference to sr.lipid profile	Dr.Nivedita V.Dhanvijay	12 Months
6	1) 'Krushnakamal Sonkusare, 2) Mahesh S. Shinde, 3) Veerkumar A. Upadhye	Forensic Medicine In Ancient India	Dr.Kiran Mantri sir & Dr.Shrihas Pagare Sir	6 Months
7	1) Vaishnavi S.Kore 2) Sanjana K. Gaikar 3) Sneha B. Nichite	Retrospective Prevalence Survey Study of Oral Sub-mucous Fibrosis Due to Tobacco Chewing in SMBT Campus	Dr.Kiran Mantri sir & Dr.Shrihas Pagare Sir	5 Months
8	1) Malpathak Vishwaja 2) Varat Swapnil	A Study of Padma Guduchi (Tinospora malabarica miers) & Its Phytochemical & Anti Microbial Study	Dr.Rajesh Wankhade	12 Months
9	1) Sonawane Khushi 2) Wadekar Shivanjali	A comparative study of Pharmacognostic & Phytochemical study of Guduchi(Tinospora cordifolia miers) & Padmaguduchi (Tinospora malabarica miers) w.s.r. to its antimicrobial activity.	Dr.Manisha Gavit	12 Months
10	1) Khemkar Nikita 2) Kor yash	A comparative study of Physicochemical & Phytochemical study of Root bark & Stem bark of Patala (Stereospermum suaveolens Roxb. DC) w.s.r. to its antimicrobial activity	Dr.Snehal Bombatkar	12 Months
11	1) Pragati A. Gosavi 2) Vaishnavi B. Tanpure	"Stress and Rasavahasrotodushti in BAMS Undergraduate students -An Observational study"	Dr. Monali Bagde	12 Months
12	Mr. Rohan Bapu More	The Observational Study Of HB% In 19 To 20 Years Girls In Deolali Camp Area.	Dr. Pramod R. Kharkar	9-12 Months

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13	Ms. Leenakshee Maheshwar Patil	The Observational Study Of HB% In 19 To 20 Years Girls In Deolali Camp Area.	Dr. Pramod R. Kharkar	9-12 Months
14	1) Aditi Patil 2) Mrunali More	Study of Efficacy of Balya Mahakashaya In the management of Karshya with special reference to underweight Children	Dr. Komal S. Chavan, Assistant Professor, Balrog Department	12 Months
15	1) Snehal Rakh 2) Sayali Wakchaure 3) Deepak Patil 4) Priyanka Shinde	A Clinical trial to study the effect of Brahmi (Bacopa Monnieri) in specific learning disabilities in school aged children	Dr. Sachin Gwalani	36 Months
16	1) Ashish Patil 2) Pratik Khewalkar	To study the efficacy of Kukutand pinda Sweda in Management of Katigraha.	Dr. Chaitali Tarwate	12 Months
17	1) Kale Megha 2) Ranshur Mayuri	The study of the effect of Yoga and Meditation in Menopausal Symptoms.	Dr Sonali Pharate	12 Months
18	1) Piyush Nimbalkar 2) Akash Salunkhe 3) Jayesh Bodake 4) Niraj Therokar	To study the effect of bhujangasana on pranavaha strotas in healthy volunteers.	Dr. Nitin Gaikwad	12 Months
19	1) Aditya Thorat 2) Shubham Mate 3) Shubham Batur 4) Vikas Pohakar	An observational study on Arterial blood pressure in various postural changes w.s.r. different deha prakruti.	Dr. Yogesh Shewale	12 Months
20	1) Disha Tiple 2) Pranali Bangar	A clinical trial to study the effect of daruharidra churnaavpid nasya in the management of tarunya pitika – A pilot study	1) Dr. Anil Wagh 2) DR. Roshan Dhale	12 Months
21	1) Pradnya Wagh 2) Mahesj Sonawane	To study the effect of bhavanas of amalaki swaras during preparation of kaamadughaa rasa on pharmaceutical and analytical parameters	Dr. Santosh Niphade	1 YEAR
22	1) Prashant Kapase 2) Yashodip Khairnar	A comparative study of physico chemical characteristics of three different formulation of dashang lepa namely dashang taila, dashanga lotion and dashanga cream	Dr. Sunita Bhusare	1 YEAR

## Research Paper Published (last one year)

Sr. No.	Full Name	Department	Designation	Title of Article/ Book	Article Type	Name of Journal	Vol. No.	Issue No.	Page No. (From)	Page No. (To)	Name of Publication	Year of Publication	Publication No. (ISSN/ ISB)	Month of publication
1	Dr Prashant Subhash Patil	Strirog Prasuti	Asso. Professor	"Concept and application of Basti treatment during pregnancy – a scientific approach through Ayurveda"	International	Ayurline (international journal of research in Indian medicine)	5	1	1	6	Ayurline (international journal of research in Indian medicine)	2021	2456-4435	JANUARY
2	Dr Prashant Subhash Patil	Strirog Prasuti	Asso. Professor	Kamdudha rasa in asrgadara ( menorrhagia) - a conceptual study	National	Journal of national integrated medical association	50	1	3	4	NIMA, Mumbai	2021	0377-0621	JANUARY
3	Dr Varsharani Santosh Niphade	Kayachikitsa	Asso. Professor	Rutucharya - Ayurveda seasonal regimen for healthy lifestyle	International	IAMJ	5	3	2830	2836	IAMJ	2021	2320-5091	February
4	Dr. VIJAY S SURYAWANSHI	Kaumarbhritya	Professor	Balgraha - A co-relation between Ayurveda and Modern Science - A Review	International	Vidyasearch	9	3	45	54	Vidyasearch	2021	2278-7348	February
5	Dr Satish Digambar Urhe	Panchakarma	Asst. Professor	Pericope of Dana karma in Ayurveda for Vyadhi Chikitsa- A New out look	International	IJCRT	9	3	42	44	IJCRT	2021	2320-2882	March
6	Dr Amol Chandrakant Gulve	Kayachikitsa	Asst. Professor	Periscope of Danakarma in ayurveda for vyadhichikitsa - A new outlook	International	IJCRT	9	3	42	44	IJCRT	2021	2320-2882	March
7	Dr Satish Digambar Urhe	Panchakarma	Asst. Professor	HITKAR AAHARA PROMOTES HEALTHY LIFESTYLE – A REVIEW STUDY	International	IAMJ	5	3	2817	2819	IAMJ	2021	2320-5091	March
8	Dr Kiran Omprakash Mantri	Agadtantra	Asso. Professor	A case study on newly diagnosed patient of Diabetes mellitus w.s.r. to Kaphaj Prameha	National	Ayurved Patrika	74	9	31	32	Ayurved patrika of Ayurved Seva Sangh	2021	22780726	March
9	DR. ANKUSH HAUSHIRAM GUNJAL	Kayachikitsa	Asst. Professor	HITKAR AAHARA PROMOTES HEALTHY LIFESTYLE – A REVIEW STUDY	International	INTERNATIONAL AYURVEDIC MEDICAL JOURNAL	8	5	2817	2819	INTERNATIONAL AYURVEDIC MEDICAL JOURNAL	2021	2320-5091	March
10	DR. ANKUSH HAUSHIRAM GUNJAL	Kayachikitsa	Asst. Professor	Pericope of Danakarma in Ayurveda for vyadhi chikitsa- A new outlook.	International	International Journal of Creative Research Thoughts (IJCRT)	9	3	42	44	International Journal of Creative Research Thoughts (IJCRT)	2021	2320-2882	March
11	Dr. Sakshi Prashant Waghmare	Rachana Sharir	Asso. Professor	A Textbook of Human Physiology	National	Self	1	1	113	117	Dishottama Publisher	2021	978-81-950195-4-0	March
12	DR. ANKUSH HAUSHIRAM GUNJAL	Kayachikitsa	Asst. Professor	A Brief Narrative Review Of Recommended Diet And Dietary Regimen In Pregnancy According To Brihatrayee (3 Main Treatises) Of Ayurveda.	International	International Journal of Creative Research Thoughts	9	3	4523	4525	International Journal of Creative Research Thoughts	2021	2320-2882	March
13	DR TRIDEV ARUN PATIL	Rachana Sharir	Asst. Professor	A BRIEF NARRATIVE REVIEW OF RECOMMENDED DIET AND DIETARY REGIMEN IN PREGNANCY ACCORDING TO BRIHATRAYEE (3 MAIN TREATISES) OF AYURVEDA.	International	International Journal of Creative Research Thoughts (IJCRT)	9	3 MARCH 2021	4523	4525	International Journal of Creative Research Thoughts (IJCRT)	2021	2320-2882	March
14	Dr. VIJAY S SURYAWANSHI	Kaumarbhritya	Professor	A Drug Review of Drakshadi Churna in Tamaka Shwasa	National	Ayurlog	9	2	1	5	Ayurlog	2021	2320-7329	April
15	DR. ANKUSH HAUSHIRAM GUNJAL	Kayachikitsa	Asso. Professor	AYURVEDIC APPROACH IN THE MANAGEMENT OF AMAVATA - A CASE STUDY	International	World Journal of Pharmaceutical Research	10	5	1545	1548	World Journal of Pharmaceutical Research	2021	2277– 7105	April

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16	Dr. Roshan Shankar Dhale	Panchakarma	Asst. Professor	Clinical Study Of Role Of Amlaki And Gairik Churna In Amlapitta	International	World Journal Of Pharmacy And Pharmaceutical Sciences	10	04	01	04	World Journal Of Pharmacy And Pharmaceutical Sciences	2021	2278-4357	April
17	Dr. Anil Raghunath Wagh	Panchakarma	Professor	Clinical study of role of amalaki and gairika churna in amlapitta.	International	World journal of pharmacy and pharmaceutical sciences.	10	4	01	04	World journal of pharmacy and pharmaceutical sciences.	2021	2278-4357	April
18	Dr. Ankush Haushiram Gunjal	Kayachikitsa	Asso. Professor	RAKTAMOKSHANA THERAPY - A PERSPECTIVE OF AYURVED CLASSICS	International	WJPR	10	5	644	649	WORLD JOURNAL OF PHARMACEUTICAL RESEARCH	2021	2277-7105	May
19	Dr. Sachin Prakash Gwalani	Kaumarbhritya	Asso. Professor	CONCEPT OF IMMUNITY AND CHALLENGES IN CHILDREN: AN AYURVEDIC REVIEW	International	World Journal of Pharmaceutical and Medical Research	07	05	337	339	WORLD JOURNAL OF PHARMACEUTICAL AND MEDICAL RESEARCH	2021	ISSN 2455-3301	May
20	Dr. Sachin Prakash Gwalani	Kaumarbhritya	Asso. Professor	A CRITICAL REVIEW OF SAMPRAPTI OF SHAYYAMUTRA (ENURESIS)	International	World Journal of Pharmaceutical and Medical Research	07	05	340	342	World Journal of Pharmaceutical and Medical Research	2021	ISSN 2455-3301	May
21	Dr Satish Digambar Urhe	Panchakarma	Asst. Professor	Raktamokshana Therapy- A perspective of Ayurved classics	International	WJPR	10	5	644	649	WJPR	2021	2277-7105	May
22	DR TRIDEV ARUN PATIL	Rachana Sharir	Asst. Professor	RAKTMOKSHANA THERAPY- A PERSPECTIVE OF AYURVED CLASSICS.	International	WORLD JOURNAL OF PHARMACUTICAL	10	05	644	649	WJPR	2021	2277-7105	May
23	Dr Satish Digambar Urhe	Panchakarma	Asst. Professor	Ayurvedic Approach in the management of Amavata - A case study	International	WJPR	19	5	1545	1548	WJPR	2021	2277-7105	May
24	Dr. Anil Raghunath Wagh	Panchakarma	Professor	Clinical study of role of amlaki and yastimadhu chura in amlapitta-A case report.	International	International journal of creative research thoughts.	9	5 may 2021	512	514	International journal of creative research thoughts.	2021	2320-2882	May
25	Dr. Anil Raghunath Wagh	Panchakarma	Professor	A pilot study of role of utkleshana basti and doahahara basti in shobha.	International	World journal of pharmacy and pharmaceutical sciences.	10	7, 2021	1	6	World journal of pharmacy and pharmaceutical sciences.	2021	2278-4357	June
26	Dr Satish Digambar Urhe	Panchakarma	Asst. Professor	A Case Report On The Ayurvedic Management of The Prameha with Abhrakadi Yoga W. S. R Type 2 Diabetes Mellitus	International	IJCRT	9	6	229	231	IJCRT	2021	2320:2882	June
27	Dr Satish Digambar Urhe	Panchakarma	Asst. Professor	Panchakarma Therapies-A outlook in the Management of Vatavyadhi.	International	IJCRT	9	6	485	487	IJCRT	2021	2320-2882	June
28	Dr. Sachin Prakash Gwalani	Kaumarbhritya	Asso. Professor	Management of Grudhrasi (sciatica) with Erandabeeja ksheerapaka: A case report	International	Ayurpub	6	3	1788	1791	Ayurpub.com	2021	ISSN 2456-0170	June
29	Dr. Yogesh K. Shewale	Kriya Sharir	Asst. Professor	Critical review of Siragata Vata Disease W.S.R. to Sira, Dhamani and Rakta	International	EJPMR	8	6	627	630	EJPMR	2021	2394-3211	June
30	Dr. ANKUSH HAUSHIRAM GUNJAL	Kayachikitsa	Asso. Professor	A CASE REPORT ON THE AYURVEDIC MANAGEMENT OF THE PRAMEHA WITH ABHRAKADI YOGA W.S.R. TYPE 2 DIABETES MELLITUS	International	International Journal of Creative Research Thoughts (IJCRT)	9	6	229	231	International Journal of Creative Research Thoughts (IJCRT)	2021	2320-2882	June

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31	Dr. Sachin Prakash Gwalani	Kaumarbhritya	Asso. Professor	MANAGEMENT OF GRUDHRASI (SCIATICA) WITH ERANDABEEJA KSHEERAPAKA - A CASE REPORT	International	Ayurpub.com	06	03	1788	1791	Ayurpub.com	2021	ISSN 2456-0170	June
32	Dr. Sachin Prakash Gwalani	Kaumarbhritya	Asso. Professor	A CLINICAL STUDY "TO COMPARE THE EFFECT OF BALA (KSHEERBALA) TAILA ABHYANGA AND TIL TAILA ABHYANGA IN LOW BIRTH WEIGHT BABIES"	International	European Journal of Biomedical and Pharmaceutical Sciences	08	07	403	405	European Journal of Biomedical and Pharmaceutical Sciences	2021	ISSN 2349-8870	July
33	Dr. Rachana Chandrakant Aware	Swasthvritta	Asst. Professor	Gorakshanath & Goraksha sahita Introduction	National	AYURVED PATRIKA	75	2	44	45	Ayurved Patrika	2021	22780726	August
34	Dr Anushri Gokul Endait	Panchakarma	Asso. Professor	Pratyakshik panchakarma vidnyan	International	Rudra publications	0	0	1	150	Rudra publications	2021	978-93-91333-74-4	August
35	Dr. ANKUSH HAUSHIRAM GUNJAL	Kayachikitsa	Asso. Professor	CARE OF HRIDYAROGA W.S.R. CARDIO VASCULAR DISORDERS WITH THE HELP OF AYURVEDA.	International	Journal of Emerging Technologies and Innovative Research (JETIR)	8	9	370	379	JETIR	2021	ISSN-2349-5162	September
36	Dr Nitin Shivaji Gaikwad	Kriya Sharir	Asso. Professor	CARE OF HRIDYAROGA W.S.R. CARDIO VASCULAR DISORDERS WITH THE HELP OF AYURVEDA.	International	Journal of Emerging Technologies and Innovative Research	8	9	370	379	JETIR	2021	ISSN-2349-5162	September
37	Dr. Sakshi Prashant Waghmare	Rachana Sharir	Asso. Professor	Yoga for prosperity of mind	National	Ayurved Patrika	75	04	47	48	Ayurved Seva Sangha , Nashik	2021	2278-0726	October
38	Dr Shilpa Premchand Badhe	Shalyatantra	Professor	Interstitial Cystitis (IC) -Ayurvedic Approach	International	International Journal of Indian Medicine	2	10	45	53	Ayurveda Research and Career Academy (ARCA)	2021	ISSN: 2582-7634	October
39	Dr Nitin Shivaji Gaikwad	Kriya Sharir	Asso. Professor	VAYASTHAPNAM 2021	International	Parul University	1	-	50	54	Book Rivers	2021	ISBN- 978-93-5515-124-7	November
40	Dr Nitin Shivaji Gaikwad	Kriya Sharir	Asso. Professor	PREVENTIVE AND SOCIAL MEDICINE IN AYURVEDA	International	Journal of emerging technologies and innovative research	8	12	104	107	JETIR	2021	ISSN-2349-5162	December
41	Dr Nitin Shivaji Gaikwad	Kriya Sharir	Asso. Professor	PREVENTIVE AND SOCIAL MEDICINE IN AYURVEDA	International	Journal of Emerging Technologies and Innovative Research	8	12	104	107	JETIR	2021	ISSN-2349-5162	December
42	Dr. Satish Digambar Urhe	Panchakarma	Asst. Professor	Pratyakshik Panchakarma Vigyan	International	Rudra Publication	0	0	1	150	Rudra Publication	2021	978-93-91333-74-4	December
43	Dr Satish Digambar Urhe	Panchakarma	Asst. Professor	Medical ethics in shalyatantra (Surgery) W. S. R to Sushruta Samhita	International	European journal of pharmaceutical & Medical research	8	12	81	84	European journal of pharmaceutical & medical research	2021	2394-3211	December
44	DR.SATISH DIGAMBAR URHE	Panchakarma	Asst. Professor	YOGA BENEFITS FOR WOMAN	International	JOURNAL OF EMERGING TECHNOLOGIES AND INNOVATIVE RESEARCH	8	12	410	415	JETIR	2021	2349-5162	December
45	Dr. Pallavi Dattatray Nikam	Samhita Siddhant	Asso. Professor	Healthy Sleep for Healthy Life	National	Health	99	12	15	17	Professional Publication (P) Ltd.	2021	0017-8861	December
46	Dr. Pallavi Dattatray Nikam	Samhita Siddhant	Asso. Professor	Adjustment Disorder in Children- A Brief Intriduction	National	Health	99	12	22	23	Professional Publication (P) Ltd.	2021	0017-8861	December
47	Dr Satish Digambar Urhe	Panchakarma	Asst. Professor	TREATMENT OF AJIRNA W. S. R TO DYSPEPSIA WITH SHANKHAVATI- A CASE STUDY	International	INTERNATIONAL AYURVEDIC MEDICAL JOURNAL	10	1	253	256	IAMJ	2022	2320-5091	JANUARY
48	Dr. Sakshi Prashant Waghmare	Rachana Sharir	Asso. Professor	Effect of suryanamaskar on related muscles	National	Ayurved Patrika	75	07	26	33	Ayurved Seva Sangh, Nashik	2022	2778_0726	JANUARY

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Sr. No.	Full Name	Department	Designation	Title of Article/ Book	Article Type	Name of Journal	Vol. No.	Issue No.	Page No. (From)	Page No. (To)	Name of Publication	Year of Publication	Publication No. (ISSN/ ISB)	Month of publication
49	Dr Nitin Shivaji Gaikwad	Kriya Sharir	Asso. Professor	TRADITIONAL PLANT IDENTIFICATION METHOD IN TODAYS ERA	International	Journal of emerging technologies and innovative research	9	1	128	129	JETIR	2022	ISSN-2349-5162	JANUARY
50	Dr Nitin Shivaji Gaikwad	Kriya Sharir	Asso. Professor	TRADITIONAL METHOD FOR ANUKTA DRAVYA (UNDOCUMENTED PLANT) IDENTIFICATION	International	Journal of emerging technologies and innovative research	9	1	126	127	JETIR	2022	ISSN-2349-5162	JANUARY
51	Dr. Sakshi Prashant Waghmare	Rachana Sharir	Asso. Professor	Effects of Suryanamaskara on related Muscles	National	Ayurved Patrika	75	9	18	20	National scientific journal of Ayurveda	2022	2278/0726	March
52	Dr. Chaitali Gangadhar Tarwate	Panchakarma	Asst. Professor	Clinical study of role of amlaki yasthimadhu and guduchi churna in pittaj shirshool- A case study.	International	JETIR	9	3	104	108	Dr. Chaitali Tarwate	2022	ISSN 2349-5162	March
53	Dr Nitin Shivaji Gaikwad	Kriya Sharir	Asso. Professor	TENSION TYPE HEADACHE AS ANUKTA SHIROROGA ON THE BASIS OF TRISKANDHA AYURVED	International	Journal of Emerging Technologies and Innovative Research	9	3	1	4	JETIR	2022	ISSN-2349-5162	March
54	Dr. Anil R. Wagh	Panchakarma	Professor	CLINICAL STUDY OF ROLE OF AMLAKI, YASTIMADHU AND GUDUCHI CHURNA IN PITTAJ SHIRAH SHOOLA – A CASE STUDY	International	Journal of Emerging Technologies and Innovative Research (JETIR)	9	3	1104	1108	Journal of Emerging Technologies and Innovative Research (JETIR)	2022	ISSN-2349-5162	March
55	Dr. Sakshi Prashant Waghmare	Rachana Sharir	Asso. Professor	Effect of Suryanamaskara on Related Muscles	National	Ayurved Patrika	75	10	20	22	Ayurved Patrika, ASS, Nashik	2022	2277-0726	April
56	Dr. Anil R. Wagh	Panchakarma	Professor	CLINICAL STUDY OF ASHWGANDHA SIDDHA TAIL SHIROPICHU IN MANAGEMENT OF NIDRANASH WITH SPECIAL REFERENCE PRIMARY INSOMNIA	International	World Journal of Pharmaceutical Research	11	5	01	07	World Journal of Pharmaceutical Research	2022	ISSN- 2277-7105	April
57	Dr Satish Digambar Urhe	Panchakarma	Asso. Professor	SIGNIFICANCE ROLE OF ASHTAMAHADOSHKAR BHAVA IN SHODHAN KARMA- A LITERARY REVIEW	International	WORLD JOURNAL OF PHARMACEUTICAL RESEARCH	11	4	970	974	WORLD JOURNAL OF PHARMACEUTICAL RESEARCH	2022	2277-7105	April